

Goliath Inguinal Hernia-An Unusual Hernia

Ali MSBM*

Advanced Medical and Dental Institute (AMDI), Universiti Sains Malaysia, Penang, Malaysia

*Corresponding author:

Mohamed Shafi Bin Mahboob Ali,
Advanced Medical and Dental Institute (AMDI),
Universiti Sains Malaysia, Penang, Malaysia,
E-mail: mshafix_7@yahoo.co.uk

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1. Clinical Image

The patient presented to our centre with the complaint of scrotal swelling and pain for the past three years. It was associated with difficulties in walking and defecation. He never sought any treatment as he claimed it was not painful and reducible. He denies having any constitutional symptoms nor features of intestinal obstruction. We proceed with a CT scan and there were no features of malignancies, intraluminal or extra luminal compressions of the bowel. He underwent a lower midline laparotomy and left inguinal hernia tension free repair. He went back home two days later. We would like to highlight the rarity of such a huge inguinal hernia that can be found once in a lifetime. The percentage of a hernia to get strangulated in a life time is 0.29% while mortality is 5%. The patient was fortunate enough to live and go to work with such a humongous load down under.

